

VAPING, ADDICTIONS & STRATEGIES FOR PARENTS

with Anmol Chawla and Dr Kirsten Davis



In this talk we will discuss the increasing prevalence of vaping amongst youth and the psychological aspects of addiction. We will provide practical advice for parents and caregivers to have brave conversations to both understand vaping and motivate their young person to make decisions around their use. The aim is to provide valuable insights and evidence-based strategies to create a safer and healthier environment for our youth, fostering their wellbeing and guiding them towards a brighter future.

Date: Tuesday 22nd August
Time: 6.45pm arrival for 7.00pm Start
Where: Howick College - Bill Dimery Performing Arts Centre - Sandspit Rd, Howick
Cost: \$5 cash koha/donation at the door would be appreciated



Proudly brought to you by

THE PSYCHOLOGY GROUP